



# **COMMISSIONING AN INTEGRATED POPULATION-BASED HEALTH AND WELLBEING SYSTEM**

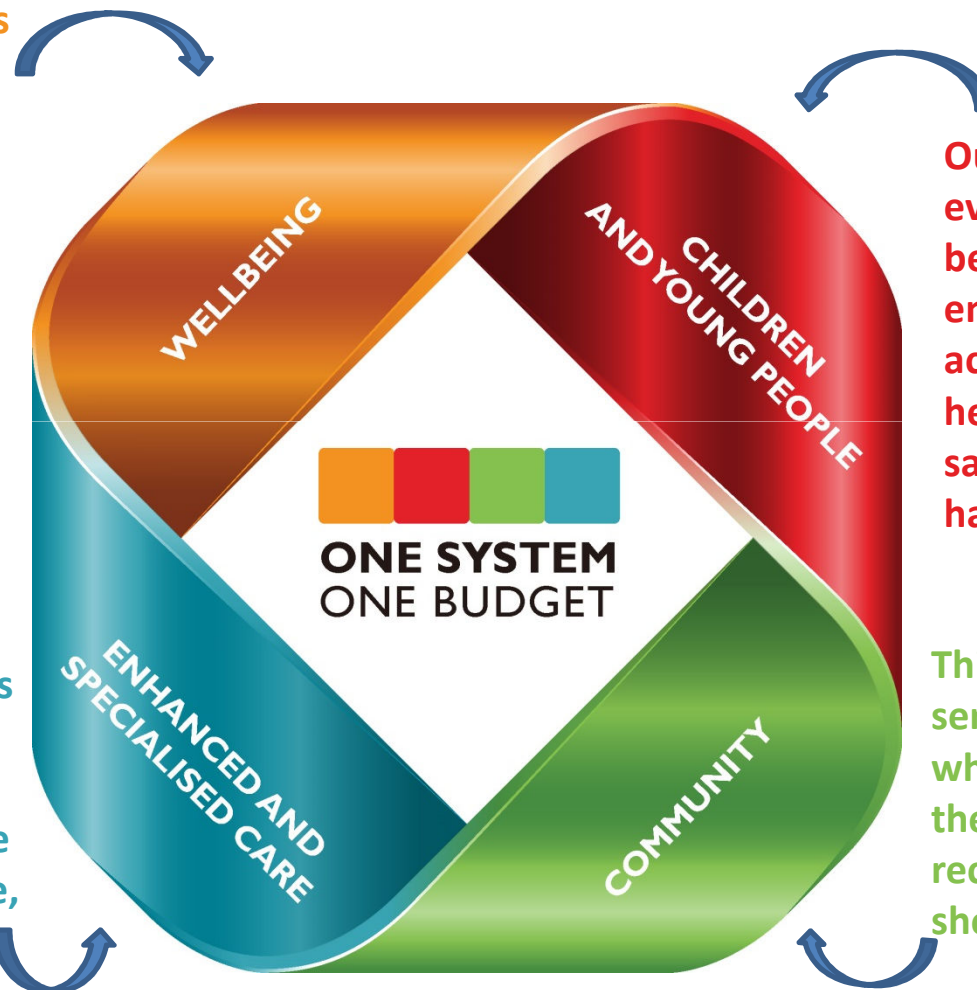
*The right care... at the right time ... in the right place*

# Four strategies



The strategy supports healthy and happy communities by supporting and utilising social networks, increasing investment in public health and putting health and wellbeing at the heart of everything we do.

A system that consists of quality specialist health and care services that promote choice, independence, dignity and respect.



Our ambition is for every child to have the best start to life by ensuring they can access education, health care and are safeguarded from harm.

This strategy targets services for people who need support in the short term to recover from a crisis or short term need.

**One System, One Budget** - *'the right care, at the right time, in the right place'*

# An Integrated Population-Based Health and Wellbeing System



**Aim 1**

**To improve health and wellbeing outcomes of the local population**

**Aim 2**

**To reduce inequalities in health and wellbeing of the local population**

**Aim 3**

**To improve people's experience of care**

**Aim 4**

**To improve the sustainability of our health and wellbeing system**

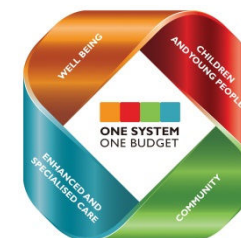
**One System, One Budget** - *'the right care, at the right time, in the right place'*

# An Integrated Population-Based Health and Wellbeing System



**One System, One Budget** - *'the right care, at the right time, in the right place'*

# Wellbeing



**Aim 1** We will sustain the improvement in healthy life expectancy and health inequality and reduce both all-age all-cause deaths and deaths due to cancer, stroke, heart disease and respiratory disease

**Aim 4** We will have rebalanced commissioning spend from reactive & unplanned to planned & targeted investment. Over the course of this strategy we expect the percentage of spend on prevention and health promotion to increase.

**Aim 2** Health improvement & the prevention of ill health will be at the core of our planned care system demonstrably reducing the demand for urgent and complex interventions and yielding improvements in health and the behavioural determinants of health in Plymouth



**Aim 3** We will commission only from providers who have a clear and proactive approach to health improvement, prevention of ill health, whole person wellbeing and working with the wider community in which they operate.



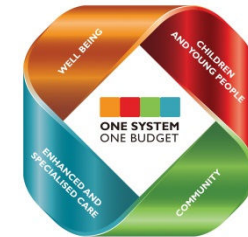
# Wellbeing



## Scope includes:

- **Planned care**
- **Prescribing**
- **Thrive Plymouth**
- **Empowered communities**
- **Information**
- **Mental wellbeing**

# Wellbeing



## LINKS TO OTHER STRATEGIES



# Community



## Aim 1

Provide integrated services that meet the whole needs of the person by developing:

- Single, integrated points of access
- Integrated support services & system performance management
- Integrated records

## Aim 2

Reduce unnecessary emergency admissions to hospital across all ages by:

- Responding quickly in a crisis
- Focusing on timely discharge
- Providing advice and guidance, recovery and reablement

## Aim 3

Provide person centred, flexible and enabling services for people who need on-going support to help them to live independently by:

- Supporting people to manage their own health and care needs within suitable housing
- Support the development of a range services that offer quality & choice in a safe environment
- Further integrating health and social care





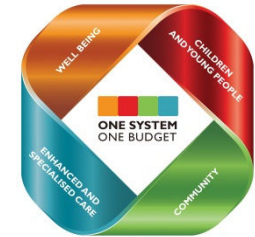
# Community



## Scope includes:

- **Urgent Care**
- **Services for people with complex, multiple needs**
- **Services for people with long term support needs**

# Community



## LINKS TO OTHER STRATEGIES

Health and Wellbeing system overview

- Integrated commissioning – now and future
- How you can be and stay involved
- Needs assessment

Wellbeing Strategy

- Healthy and happy communities
- Supporting and utilising social networks
- Increasing investment in public health
- Health and wellbeing at the heart of everything we do
- Carers
- Domestic abuse
- Housing conditions

Children and Young People Strategy

- Early help and best start to life
- Integrated education, health and care plans
- Family support
- Safeguarding children and preventing vulnerability
- Support to keep children & young people stable at home, in alternative family arrangements, in foster care or alternative placements

Enhanced and Specialised Care Strategy

- Quality specialist health and care services
- Promoting choice, independence, dignity and respect
- As close to home as possible
- Targeted resources for those who need long-term support in the community

# Children and Young People



## Aim 1

**Raise Aspirations: ensure that all children and young people are provided with opportunities that inspire them to learn and develop skills for future employment**

## Aim 2

**Deliver Prevention and Early Help: intervene early to meet the needs of children, young people and their families who are 'vulnerable' to poor life outcomes**

## Aim 3

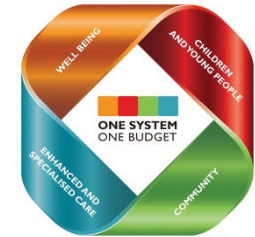
**Deliver an Integrated Education, Health and Care Offer: ensure the delivery of integrated assessment and care planning for our children**

## Aim 4

**Keep our Children and Young People Safe: ensure effective safeguarding and provide excellent services for children in care**



# Children and Young People



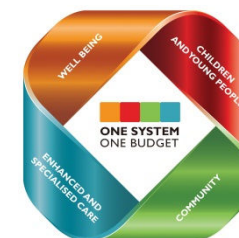
## Scope includes:

- **Children in or on the edge of care**
- **Early Childhood Development**
- **Children with Special Educational Needs or Disability**
- **Vulnerable Children and Young People**
- **Family Support**

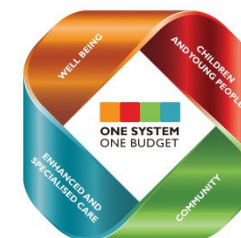
# Children and Young People

## LINKS TO OTHER STRATEGIES

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# Enhanced and Specialised Care



**Aim 1**

**Create Centres of Excellence for enhanced and specialist services**

**Aim 2**

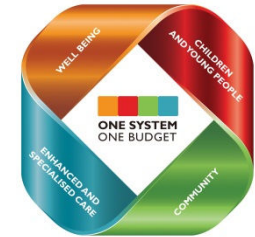
**People are able to access care as close to their preferred network of support as possible**

**Aim 3**

**Provide high quality, safe and effective care, preventing people from escalating to, or requiring, urgent or unplanned care**



# Enhanced and Specialised Care

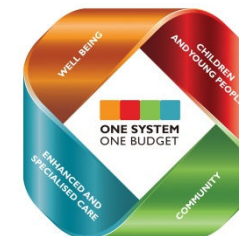


## Scope includes:

- **Specialised and tertiary services**
- **Acute enhanced services**
- **Individual patient placements**
- **End of life care**
- **Care homes**

# Enhanced and Specialised Care

## LINKS TO OTHER STRATEGIES



Health and Wellbeing System Overview

- Integrated commissioning – now and future
- How you can be and stay involved
- Needs assessment

Wellbeing Strategy

- Strong, safe and healthy communities
- Supporting and utilising social networks
- Improved emotional wellbeing and mental health
- Increasing investment in public health
- Planned care and carers
- Planned care for children and young people with physical illness

Children and Young People Strategy

- Universal early help and best start to life
- Integrated education, health and care plans
- Short breaks for children and young people and their parents
- Safeguarding children and preventing vulnerability
- Support to keep children and young people stable at home, in alternative family arrangements, in foster care or alternative placements
- Residential care for children and young people, including mental health and learning disabilities

Community Strategy

- Targeted services for people who need support in the short term to recover from a crisis or short term need
- Focus of people as individuals and not patients; who have their own beds in their own homes
- A joined up 'whole system approach' to support people with multiple needs



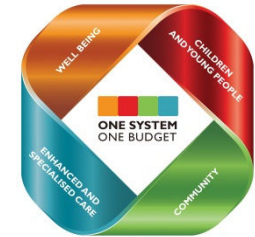
# Initial feedback on strategies



- Lots of interest
- Gap in detail as to how primary care can contribute
- Children's strategy needs greater focus on health systems
- Enhanced specialised care would benefit from a focus on what an acute hospital can do as well as what we need
- Gaps: employment, training, work, housing, client group: mental health, substance misuse, sensory disability

**One System, One Budget** - *'the right care, at the right time, in the right place'*

# Journey to delivery



- Strong platform of engagement
- Strategic drivers
- One-page summary agreed by Governing Body and Cabinet – July 2014
- Developed draft strategies
- Circulated to providers and other stakeholders for feedback
- Liaising with partner organisations
- Second draft to be issued in July
- Health and Wellbeing Board
- Caring Plymouth
- Plymouth Integrated Commissioning Board
- CCG and PCC approval – September 2015 TBC

# Core teams



## Wellbeing

SRO – Kelechi Nnoaham (PCC)  
Commissioning Leads - Karen Kay (CCG) & Katy Shorten (PCC)  
Clinical Lead - Dr Ed Parry-Jones  
Public Health Lead - Rob Nelder

## Children and Young People

SRO – Carole Burgoyne (PCC)  
Commissioning Leads - Liz Cahill (PCC) Fiona Phelps (CCG)  
Clinical Lead - Dr Shelagh McCormick  
Public Health Lead - Julie Frier

## Enhanced and Specialist Care

SRO - Jerry Clough (CCG)  
Commissioning Leads - Karen Kay (CCG) & Caroline Paterson (PCC)  
Clinical Leads - Dr Gary Lenden / Dr Shelagh McCormick  
Public Health Lead - Ruth Harrell

## Community

SRO – Carole Burgoyne (PCC)  
Commissioning Leads - Claire Anderson (PCC) & Sharon Matson (CCG)  
Clinical lead - Dr Steve Harris & Dr Dafydd Jones  
Public Health Lead - Sarah Lees